



Promoting Healthy Weight-Related Behaviors in Youth with Intellectual and Developmental Disabilities

Thursday, May 4, 2023

8:30 a.m. to 5:30 p.m.

Tufts University Health Sciences Campus
150 Harrison Avenue, Boston, MA

This conference will provide a forum for researchers, practitioners, policymakers, people with disabilities, family members, and other interested individuals to learn about current research and practice in the field.

CONFERENCE OVERVIEW

- **Keynote: Advancing Health Equity for People with Intellectual and Developmental Disabilities** – Sarabeth Broder-Fingert, MD
- **Weight Management in Youth with Intellectual and Developmental Disabilities (IDD)** – Lauren Ptomey, PhD, RD
- **Avoidant/Restrictive Food Intake Disorder: Introduction and Comorbidity with Autism (ARFID)** – Jennifer Thomas, PhD
- **Promoting Physical Activity in Youth with IDD** – Brian Helsel, PhD
- **Designing Culturally Tailored Health Interventions: The Case of PODER Familiar, A Health Promotion Program for Latinx Families of Children with IDD** – Sandy Magaña, PhD, MSW and Yolanda Suarez-Balcazar, PhD
- **Breakout Discussion Groups**
 - Weight Management
 - ARFID
 - Physical Activity Interventions
 - Cultural Adaptations for Health Promotion
- **Networking Reception & Poster Session**

There is no cost to attend the conference, which is in-person only.

Conference Registration link: https://bit.ly/HWRN_Conference_2023_Registration

Submit a Poster Abstract!

Attendees are encouraged to submit proposed abstracts for the poster session. **Posters may feature new work or research that has been previously presented or published.**

Abstracts can be submitted online **no later than April 7, 2023** at:

https://bit.ly/HWRN_Conference_2023_Poster_Abstracts

Posters should reflect the **HWRN Research Agenda**. See our website at <https://HWRN.org>

For questions or more information, please contact us at HWRN@umassmed.edu