



**Healthy Weight
Research Network**

**Children with
Autism Spectrum Disorder
& Developmental Disabilities**

Promoting Healthy Weight-Related Behaviors in Youth with Intellectual and Developmental Disabilities

May 4, 2023, 8:30 a.m. to 5:30 p.m.

**Tufts University Health Sciences Campus
150 Harrison Avenue, Boston, MA**

AGENDA

8:30-9:00 a.m. Registration

9:00-9:15 a.m. Welcome

Linda Bandini, PhD, RD; UMass Chan Medical School

9:15-10:00 a.m. Keynote: Advancing Health Equity for People with Intellectual and Developmental Disabilities

Sarabeth Broder-Fingert, MD, MPH; UMass Chan Medical School

10:00-10:45 a.m. Weight Management in Youth with Intellectual and Developmental Disabilities (IDD)

Lauren Ptomey, PhD, RD; University of Kansas Medical Center

10:45-11:00 a.m. Break

11:00-11:45 a.m. Avoidant/Restrictive Food Intake Disorder: Introduction and Comorbidity with Autism

Jennifer Thomas, PhD; Massachusetts General Hospital/Harvard Medical School

11:45 a.m.-1:15 p.m. Lunch - On Your Own

1:15-2:00 p.m. Promoting Physical Activity in Youth with IDD

Brian Helsel, PhD; University of Kansas Medical Center

2:00-2:45 p.m. Designing Culturally Tailored Health Interventions: The Case of PODER Familiar, a Health Promotion Program for Latinx Families of Children with IDD

Sandy Magaña, PhD, MSW; University of Texas at Austin

Yolanda Suarez-Balcazar, PhD; University of Illinois at Chicago

2:45-3:00 p.m. Break

3:00-3:45 p.m. Breakout Discussion Groups

- **Weight Management** - Facilitator: *Lauren Ptomey, PhD*
- **ARFID** - Facilitator: *Jennifer Thomas, PhD*
- **Physical Activity Interventions** - Facilitator: *Brian Helsel, PhD*
- **Cultural Adaptations for Health Promotion** - Facilitators: *Sandy Magaña, PhD and Yolanda Suarez-Balcazar, PhD*

4:00-5:30 p.m. Networking Reception & Poster Session



**UMass Chan
MEDICAL SCHOOL**

The HWRN is directed by the UMass Chan Medical School and Tufts University School of Medicine
Co-Directors: Linda Bandini, PhD; Carol Curtin, PhD; Aviva Must, PhD
<https://hwrn.org/>

The HWRN is supported by grant UT4MC41898 Maternal and Child Health Research Program,
Health Resources and Services Administration, Department of Health and Human Services



TIGOR
Tufts Institute for
Global Obesity Research