

HWRN Symposium

Save the Date!

Promoting Healthy Weight in Youth with Intellectual & Developmental Disabilities: New Directions in Research and Practice

Thursday, April 3, 2025
8:30 AM to 4:00 PM
UMass Club
1 Beacon Street, 32nd Fl, Boston, MA

This Symposium will provide a forum for researchers, clinicians, people with disabilities, family members, and other interested individuals to learn about current research and practice in supporting children and youth with intellectual and developmental disabilities (IDD) to maintain a healthy weight and healthy lifestyles.

The Symposium will include talks by leading researchers in the field, roundtable discussions, a panel of youth/young adults with lived experience, a poster session, and networking opportunities. Trainees and new investigators are encouraged to attend.

Topics will include:

- Implications for research to practice and policy
- Use of GLP-1 agonists in children and youth with IDD for weight management
- Disordered eating in children and youth with IDD
- Preventing excess weight gain in young children with IDD in childcare settings
- Mealtime routines to promote healthy weight in children with IDD
- *And more!*

Register Early!

Symposium Registration link: https://bit.ly/HWRN_Symposium_Registration_2025

There is no cost to attend the symposium, which is in-person only.

Submit a Poster Abstract!

Posters may feature new work or research that has been previously presented or published. Abstracts must be submitted online **no later than February 19, 2025 at:** https://bit.ly/HWRN_Symposium_2025_Poster_Abstracts

For questions or more information, please contact us at HWRN@umassmed.edu